

SOUTHERN CALIFORNIA LIFE



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DATE: 12-18-08
TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

Happy holidays and welcome to southern California life, I'm your host, heather Dawson.

Well the holiday season is upon us. Every year there's one hot toy to get. This year, some toys making the list, legos, Narnia the movie, bratz dolls, Dora and Elmo. But what about past holidays? Here's a look back at some of the hottest toys:

Take graphic

Back in 1900 Lionel trains topped the list, 1903 Crayola Crayons, 1915 – raggedy ann doll topped Santa's list, 1929 was the yo-yo, a year later was the Mickey mouse doll, the board game monopoly in 1935, and play-do in 1956, Barbie was the doll to get in 1959 then G.I Joe a few years later in 1964, hot wheels in 1968, the 70's brought star wars, and who can forget the rubik cube in 1980 and teenage mutant ninja turtles in 1988. Beanie babies were all the rage in 1996 and last year – it was all about poker with the Texas hold em poker set.

Here's a look at the latest games for the holidays from wii and Nintendo:

If you're looking for a light, feel good movie this holiday season, you might want to check out Marley and me. Three years ago the book Marley & I became a New York time best seller. So it was only a matter of time that Hollywood would come knocking on the author john grogan's door for the rights to make it a movie. Jennifer Aniston and Owen Wilson star in the movie version of the book and Ron Jacobson caught up with them at the premiere.

Every night we showcase a different city in the southland. Tonight, we take you to the city known for trees and PhD's... Claremont, California. It's also home to a unique museum where you can find one of kind dinosaur fossils. Chad Rohn takes us to the Raymond Alf museum of paleontology in Claremont:

SOUTHERN CALIFORNIA LIFE

the song "I'll be home for Christmas" weighs heavily this time of year for those with family members stationed overseas... but some local Christmas tree farmers – part of a nationwide program – are doing their part to see that not all holiday traditions are a world away ... Brent Weber has the story ...

Thousands of American troops of course won't be home this Christmas But for those who celebrate the holiday, a little bit of home is n the way ...

Thanks to the folks at FedEx ... and farmers in fifteen states -0 including three separate tree farms in the southland – will deliver more than 3-thousand freshly cut Christmas trees to soldiers and their families stationed at military bases not just in the middle east but all over the world...

The trees for troops campaign' operation evergreen stopped off in the southland at battalion ranch Christmas trees in san martin, the Christmas tree ranch in thousand oaks and at a farm in Oceanside ... their final destinations worldwide include five military bases overseas ...the military transports carrying the trees were to arrive first in Qatar over the weekend...

Tis the season.... To pack on the pounds! Studies show the average thanksgiving meal contains more than 3,000 calories, kicking off a holiday feeding frenzy that is estimated to pack some 305 million pounds on to the national waistline by New Year's Eve. New digestive health guidelines recommend pacing and balancing food intake to keep the digestive tract functioning normally over the holidays. To this effect, certain probiotics, or the good bacteria that is found in dairy products like yogurt, may improve intestinal function and overall digestive health.

You don't have to search long to find an overweight kid in America. Now, one local woman is making it her mission to make Americans healthier by introducing easy Japanese cooking with her new book, Japan-ease. She started her missing by teaching busy moms how to cook healthy meals one household at a time:

It's all coming up in entertainment right here on so cal life when we return after this short break.

He just turned 40 and seems to be at the top of his career. Starring in small independent movies while bringing in the big bucks as James bond in one of Hollywood's most profitable franchises. These day you can catch him in defiance where he plays a Jewish partisan in World War 2 as Ron Jacobson found out in this one-on-one.

A traumatic event in the life of an IRS agent makes him want to repent for his sins this is the beginning of the journey of seven pounds, seven people's lives while be changed in the course of the movie... As you can imagine this is real tear jerker... Will smith mostly a big action hero on screen likes the challenge a role like that gives him as he told Ron Jacobson at the premiere.

The globetrotters are perhaps the most famous sports franchise in the world. Our very own Jim Murray caught up with them in Los Angeles:

.Do you ever look at a celebrity and wonder, how can their skin be so perfect? We'll our make up

SOUTHERN CALIFORNIA LIFE

artist mirna Gonzalez is here to shed some light on the celebrity beauty secrets. Thanks for joining us mirna...

3 talking points-

1. Skin prep
2. Foundation
3. Countering

3 questions-

1. Q: how does the right lotion improve the appearance of your face and make you look younger?

A: people need to use the right kind of skin care product underneath their make up. Mirna needs to fill in the rest of this answer...

2. Q: how do you use the perfect foundation?

Each client meets with me for a personalized consultation to determine what their skin type is and what is the best color match.

3. Q: how do you contour your features?

A: this is something many of today's celebrities already do to their skin!

A handwritten signature in black ink that reads "Lawrence P. Lewis". The signature is written in a cursive, flowing style with a large, sweeping loop at the end.