

SOUTHERN CALIFORNIA LIFE



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DATE: 10-8-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

NATIONAL NEWS:

Technology is changing the way we read! Sony's new reader digital book model, the prs-700, enables readers to navigate through paperless books via touch screen display. The estimated 10-ounce device can store an average of 320 digital books and can sustain up to 7,500 pages of continuous reading per battery charge. In honor of October being national book month Sony is also giving 15 million EBooks to American schools. As part of its initiative, which takes place two-time Guinness world record holder Dave Farrow will sit and read in a Manhattan storefront for 30 days around the clock – for every page he reads Sony will provide an EBook library of 100 classic titles. Farrow holds the record for memorizing the order of 52 decks of cards randomly shuffled together.

COMMUNITY NEWS:

Tonight, we take you back to Lake Arrowhead, the lovely mountain town nestled in the San Bernardino Mountains, and Karma Dickerson introduces us to the newly renovated lake arrowhead resort and spa you just can't miss. Located on the shores of Lake Arrowhead the lake arrowhead resort has recently undergone a multi-million dollar transformation. The end result? A cozy and luxurious getaway with every luxury you can imagine.

As you take your first steps into the resort, the first thing you'll notice about the warm and inviting lobby is how much it reminds you of the beautiful scenery outside. The goal? L A to create the perfect atmosphere, the resort is in the final stages of a multi-million dollar renovation.

Peter Henry "we touched every component, completely redone"

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One of the most exciting things the new resort has to offer is the spa of the pines. Laura Iatronico "Serrano Indians, people of the pines" The resort is not only incorporating the decor of Lake Arrowhead into the spa, but the culture as well.

As if the thought of heavenly treatments in the spa is not enough to entice you, the lake arrowhead resort is home to the mouthwatering dishes of bin 189. Named for its wine selection and location, bin 189 is not your typical hotel restaurant. Its inviting nature has made bin 189 more than just a hotel restaurant, it's a community hotspot. T And if you're looking for something out of the ordinary, bin 189 has just the thing. And the head chef can also teach you to make these dishes at home.

As you can see from the bar lobby and cooking classes, the la resort caters not only to vacationers, but to the la community as well. They even roll out the red carpet on a weekly basis to show movies filmed in la Whether you're a southlander looking to get away from the big city and relax or a local looking for some entertainment or to catch up with friends, the Lake Arrowhead resort and spa is the year round destination with something for everyone. .

HEALTH NEWS:

According to the centers for disease control and prevention, there has been a dramatic increase in obesity over the last two decades. Plus an increase in health risks. Here's more:

With expanding waistlines also come increased health risks and more demand for bariatric surgery, gastric bypasses and lap bands. Due to the lack of medical equipment designed to cater to their size, people who suffer from obesity often experience difficulty getting quality healthcare. In response to the increased size of patients, the medical industry is using innovation and technology to raise the standard of care. A new x-ray machine, the axiom luminous tf, can handle people weighing up to 600 pounds. Described as an x-ray video camera, it allows doctors to see what's going on inside the body in real time. It also has a larger gap between the table top and the tower - which shoots a much wider picture. With improvements like these, people undergoing surgery can be monitored in comfort within hours of the operation and in the following months; giving them the same level of care as the average sized person.

ENTERTAINMENT NEWS:

We've all heard the saying – it's not what you know it's who you know. And that's not just in Hollywood, networking is important in every career. As Paul Higgins explains, there's a networking group building steam in Orange County. She has won an Oscar and was nominated for every award possible. She represents a third generation dynasty and our Ron Jacobson sat down for a one-on-one with this Hollywood legend angelica Houston to talk about her newest flick, choke, living up to her own legacy and surviving Hollywood.

SPORTS:

So who's your favorite la basketball team? The Lakers? The clippers? What about the Hollywood fame? Never heard of them? Well Jim Murray is going to introduce us

Weather

Calendar

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Leonce P. Lewis